

FIRST AID LEVEL 1



First Aid Level 1 Training

Duration: 2 Days

Unit Standard: Department of Labor

Pre-Requisites: Literate

Target Group: SHEQ Practitioners; Middle Management; Supervisors; SHE Committee members; employees, Contractors; Security Officials. (All employees to ensure continuous base assessments are initiated)

INTRODUCTION

Accidents and incidents are mostly preventable in modern businesses, unfortunately they still occur. Therefore an important aspect in Safety Management is the availability of trained first aiders, which is also a legal requirement. On completion of the course the learner will be in the position to provide first aid to injured employees.

COURSE OBJECTIVES

On completion of the course the learner will be able to define, describe and apply the requirements to provide first aid in the workplace.

COURSE CONTENT

The content of the course is designed on SETA, Department of Labour requirements and OHS Act principles and is outcomes based driven. The construction of the content is focused to achieve maximum participation as well as ensuring positive learning outcomes, and include the following training criteria:

MODULE 1: GENERAL LEGISLATIVE RESPONSIBILITIES

MODULE 2: FIRST AID, EMERGENCY EQUIPMENT AND PROCEDURES

MODULE 3: GENERAL PRINCIPLES OF FIRST AID

MODULE 4: EMERGENCY SCENE MANAGEMENT

MODULE 5: ARTIFICIAL RESPIRATION AND CPR

MODULE 6: CHOKING

MODULE 7: WOUNDS AND BLEEDING

MODULE 8: FRACTURES

MODULE 9: SHOCK, UNCONSCIOUSNESS AND FAINTING

MODULE 10: HEAD AND SPINAL INJURIES

MODULE 11: BURN INJURIES



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